



# Hoofbeats

A publication of

The Special Troopers Adaptive Riding School

[WWW.SCSTARS.ORG](http://WWW.SCSTARS.ORG)

FALL  
2010

## S.T.A.R.S. ANNUAL BARBEQUE & BARN DANCE

**When:** Saturday, October 2, 2010

5 p.m. Horse-drawn wagon rides, games and family events  
6 p.m. BBQ pork dinner, beer & beverages, desserts and more!

**Entertainment by "Nuns on the Run"**

**Where:** The S.T.A.R.S. Barn at 33148 K-22 (1 1/2 miles North of Mike's Saloon)

**Tickets:** \$25/person, \$10 kids ages 6-12, 5 & under free

**For more information or to purchase tickets, please call S.T.A.R.S., Inc at 712-239-5042 or visit [www.scstars.org](http://www.scstars.org)**

## GILL'S HILLS 8K OR 3K WALK/RUN—Waterbury, NE

On **Saturday, October 16, 2010** come out for a 8K or 3K walk/run to benefit S.T.A.R.S. and help them raise monies to insulate the barn and indoor arena. 100% of the proceeds from this event will go directly to this project. The improvement will enhance the winter programming and help to make them more consistent, comfortable and therapeutic.

Both start at 9:30 AM near the **Buzzsaw Bar in Waterbury, Nebraska**. Registration opens at 8:00 AM

**Entry Fees:** 8K and 3K are \$30.00

Missouri River Runners can deduct \$2.00 from entry fee.

For registration forms contact: Jean Gill at 402-638-2301 or the STARS Barn at 712-239-5042.

Make checks payable to: S.T.A.R.S.

Send check and completed entry form to: Gill's Hills, c/o MRR, P.O. Box 1582, Sioux City, IA 51102

**Course:** Both courses will initially head south out of Waterbury. The 8K course will take the first left and head into the hills

(they are not really that bad), the 3K will continue south. Both courses are out and back on gravel roads. Each mile will be marked and water will be available on the course.

**Directions**—from Sioux City—take Hwy 20 West to Waterbury turn off (Spur 26A), take the spur into Waterbury—turn right at the only stop sign on that road and drive 1/2 block to the Buzzsaw Bar.

**Post Race Celebration:** Food will be provided to all entered race participants. The theme this year is "Blood, Sweat & Beers". If you want to celebrate surviving the hills with a beer (or pop/water), the Buzzsaw Bar is the place to be for the post race party!

**Awards:** The awards will be unique and memorable. They will remain a secret until race day. So come join the fun!!

**For more information go to [www.missouririverrunners.com](http://www.missouririverrunners.com)  
Phone Jean Gill at 402-638-2301 or  
Email at: [jrgill@nntc.net](mailto:jrgill@nntc.net)**



### Points of Interest and

### Upcoming Events

- BBQ & Barn Dance
- Gill's Hills 8K-3K Walk/Run
- Awesome Biker Nights Charity—Update
- Gilchrist Foundation Award
- Sam's Club Charity—Recap
- A Call for Volunteers
- K-9 Corner—Volunteer
- Rider/Student—Highlight
- A Volunteer Story
- Horse Show Recap
- S.T.A.R.S. Calendars
- Rider Sponsorship Campaign
- Wish List

### Mission Statement

**The purpose of the Special Troopers Adaptive Riding School, Inc. is to provide persons with disabilities with an animal-oriented therapeutic, rehabilitative and recreational program that will contribute to their physical and emotional health.**

## Awesome Biker Nights Charity Update



S.T.A.R.S. was chosen again as one of the benefiting charities of the 11th Annual Awesome Biker Nights. This event was held on June 18, 19 & 20 on Historic Fourth Street in Sioux City.

Thank you so much to the S.T.A.R.S. Board of Directors and all the volunteers who donated their time and assisted with the raffle ticket sales and gate management. We were generously awarded \$8,950 and all proceeds are earmarked to benefit the S.T.A.R.S. Rider Sponsorship program.



THANK YOU—ABN Board of Directors for choosing S.T.A.R.S. as one of your charities for 2010 and for all the financial help you create for many non-profits in the Siouxland area. It helps this community in many ways. Thank you for keeping this event alive and well each year in Sioux City.

## GILCHRIST FOUNDATION AWARD

A special "THANKS" to the Gilchrist Foundation for the recent gift of \$20,000 to purchase a tractor. With the help of the Gilchrist Foundation and Icon Ag Solutions of Lawton, Iowa, S.T.A.R.S.' goal of being self-sufficient is becoming a reality. The addition of this John Deere tractor will mean that S.T.A.R.S. will no longer have to hire out such jobs as pen cleaning, pasture mowing, weed spraying and much, much more! What a blessing for this wonderful program!



THANK YOU!!!

## SAM'S CLUB CHARITY GOLF—RECAP



The Sam's Club/S.T.A.R.S. Charity Golf Classic the first-ever event took place on August 2nd at the Sioux City Country Club. Seventeen teams from all over Siouxland gathered together for an enjoyable day of golf for a great cause. The event raised \$7,200 for S.T.A.R.S.

**A "BIG THANKS" to Sam's Club and the following sponsors: Cargill, Billion Auto, Great West Casualty Company, and the Sioux City Country Club.**

Prizes included gifts from Elements of Beauty, Sioux Bee Honey, Scheels and others. A very special thanks to Mike and Tricia Jefferson for organizing and hosting this event for S.T.A.R.S. They were absolutely amazing and worked tirelessly to make it a great event.

The date hasn't been set for next year, but it will be happening again next summer.



## THIS IS A CALL FOR VOLUNTEERS!!!!

The need for volunteers is getting desperate. We have a long rider waiting list and **MAYBE** only half the volunteers we need. K9 volunteers are also needed. Orientation takes place the 2nd Tuesday of each month (except for Aug., Dec. & Jan.) at 6 pm. Volunteers interested need to be at least 14 years of age. No experience necessary (training will be provided). No dogs at orientation.

Please consider helping S.T.A.R.S. be all it can be.

## K-9 CORNER VOLUNTEER STORY...by Susan and Abby



Susan and Abby have been a part of the S.T.A.R.S. therapy dog team for the past three years. Most Thursday afternoons you will find them at St. Luke's Hospital where they visit patients. They really enjoy making patients feel better by their visits.

Abby, a small Shih Tsu is 9 years old. She and Susan have been a team since she was a young puppy. Abby is really a people dog who loves the attention she receives from her human friends. She and Susan live at the Shire Apartment Complex where she is loved by the residents and is considered by some as they own therapy dog.

Thank you Susan and Abby for all you do for S.T.A.R.S. K-9 Program.

## RIDER/STUDENT ..... HIGHLIGHT



Megan Focht

My name is Megan Focht and I am 6 years old. I have been riding at S.T.A.R.S. since I was 2 years old. I was scared to ride on the horses at first, but I love riding the horses now! The horse I ride is Crescendo and I enjoy riding my horse very much. I also participate in the horse show and my family and friends com to see me ride. I have a lot of fun at the horse show. I am proud to show my family and friends how well I ride.

Since riding the S.T.A.R.S. horses, my balance and sitting have greatly improved. I can hold onto the reins while sitting up too! I look forward to riding Crescendo and I get excited when I come to S.T.A.R.S. I also get to ride with my friends Kennedi and Jaycie and we all have fund riding our horses.

## S.T.A.R.S. Volunteer Story—Angie Beaudette

I grew up in eastern Iowa riding horses and have always thought it would be fun to combine my love of horses, volunteering and working with children. So, I contacted S.T.A.R.S last winter about volunteering. I had no idea so many rewarding moments would follow.

After the first few sessions it was clear that S.T.A.R.S goes far beyond a therapeutic horse riding program. Sharing in the laughter of children as they reach goals, receiving countless hugs and helping people trust (and love) horses happens daily at the S.T.A.R.S barn. As each activity challenges the rider's physical skills, all participants--riders and volunteers--reap a sense of accomplishment in a supportive setting. I love being a small part of such a rewarding approach to therapy.

I learned about the S.T.A.R.S program while working in the media. Through interviews and photography assignments, I felt I understood the program. Boy, was I wrong! The only way to truly understand the benefits of the S.T.A.R.S program is to pull on a pair of boots, walk next to the riders and share a few smiles.



## 2010 HORSE SHOW—RECAP



June 19th was a big day at the S.T.A.R.S. BARN with a large crowd of our S.T.A.R.S. Riders showing their friends and family all their riding skills. This years event the riders showed their talents in events such as the egg and spoon race, barrel racing and the water relays.



Lunch was served right after the show with lots of laughs and conversa-

tion. We would like to give a big "thank you" to our riders, all who came to cheer them on and the volunteers who made it happen. What a great day!!! **Mark your calendars for next year....Saturday, June 18, 2011.**

## 2011 HORSE CALENDARS

Will available for sale for the price of \$15.00 in Oct. 2010. Call the S.T.A.R.S. Barn at (712)239-5042 to purchase & pick up your

## 2010 RIDER SPONSORSHIP CAMPAIGN



**A DONATION OF ANY AMOUNT IS GREATLY APPRECIATED...and would help us attain our goal. Thanking you in advance for your financial support.**

**You can make our rider sponsorship goal of \$50,000 a reality. Donate today! Your gift helps S.T.A.R.S. produce extraordinary transformations in the lives of many children and adults with disabilities.**



## Wish List

- Postage Stamps
- Toilet Paper
- Digital Camera
- Tri-fold Paper Towels
- Lead Ropes & Reins
- Skid loader
- New or used snow blower
- Plastic, multi-colored clothes pins
- Digital Video Camera



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E-mail: info@scstars.org

**SPECIAL TROOPERS  
ADAPTIVE RIDING  
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RETURN SERVICE REQUESTED

**Please help keep S.T.A.R.S. shining by making a donation toward the following:**

- Endowment Fund \$\_\_\_\_\_ or Special Purpose Fund \$\_\_\_\_\_
- \$480 Sponsorship of a riding student for one 6 week session.
- \$2500 Sponsorship of a riding class for one 6 week session.
- \$1500 Care and maintenance of a horse/pony for one year.
- \$25-\$75 Program equipment
  - I would like to donate \$\_\_\_\_\_
  - I would like to volunteer.
- I would like to receive this newsletter via email.

My email address is: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**Thank you  
for your  
donation**



**Check us out on  
Facebook too!**

